

Golden Hawk Instructional Swim Program
September 23 – December 1, 2017

Program	Day	Time
Tots	Monday	6:30pm-7:00pm
	Thursday	5:30pm-6:00pm
	Saturday	11:00am-11:30am
Preschool 1	Monday	7:00pm-7:30pm
	Wednesday	5:30pm-6:00pm
	Saturday	12:30pm-1:00pm
Preschool 2	Wednesday	6:00pm-6:30pm
	Thursday	6:00pm-6:30pm
	Saturday	12:00pm-12:30pm
Preschool 3	Monday	6:00pm-6:30pm
	Thursday	6:30pm-7:00pm
Preschool 4	Monday	5:30pm-6:00pm
	Wednesday	7:00pm-7:30pm
	Thursday	7:00pm-7:30pm
Preschool 5	Wednesday	6:30pm-7:00pm
	Saturday	11:30am-12:00pm
Beginner Swimmer 1	Wednesday	5:30pm-6:30pm
Swimmer 1	Monday	6:30pm-7:30pm
	Thursday	5:30pm-6:30pm
	Saturday	11:00am-12:00pm
Swimmer 2	Monday	5:30pm-6:30pm
	Saturday	12:00pm-1:00pm
Swimmer 3	Monday	5:30pm-6:30pm
	Thursday	6:30pm-7:30pm
Swimmer 4	Wednesday	6:30pm-7:30pm
	Saturday	11:00am-12:00pm
Swimmer 5	Saturday	12:00pm-1:00pm
Swimmer 6	Monday	6:30pm-7:30pm
Swimmer 8/9	Saturday	2:00pm-3:00 pm
Adult Fitness Swimmer	Sunday	7:00-8:00 pm
Youth Fitness Swimmer	Sunday	7:00-8:00 pm
Adult Swimmer	Sunday	6:00pm-7:00pm
Bronze Medallion	Saturday	2:00pm-4:00pm

MVHS Instructional Swim Program
September 23 – December 1, 2017

Program	Day	Time
Tots	Monday	6:00pm-6:30pm
	Thursday	6:00pm-6:30pm
	Saturday	10:00am-10:30am
Preschool 1	Monday	6:00pm-6:30pm
	Tuesday	6:00pm-6:30pm
	Saturday	10:30am-11:00am
Preschool 2	Monday	6:30pm-7:00pm
	Tuesday	6:00pm-6:30pm
	Saturday	10:00am-10:30am
Preschool 3	Monday	6:30pm-7:00pm
	Tuesday	6:30pm-7:00pm
	Saturday	10:30am-11:00am
Preschool 4	Tuesday	6:30pm-7:00pm
	Thursday	6:00pm-6:30pm
	Saturday	11:00am-11:30am
Preschool 5	Thursday	6:30pm-7:00pm
	Saturday	11:30am-12:00pm
Beginner Swimmer 1	Monday	6:00pm-7:00pm
	Thursday	7:00pm-8:00pm
Swimmer 1	Monday	7:00pm-8:00pm
	Tuesday	7:00pm-8:00pm
	Saturday	11:00am-12:00pm
Swimmer 2	Tuesday	6:00pm-7:00pm
	Saturday	12:00pm-1:00pm
Swimmer 3	Monday	6:00pm-7:00pm
	Thursday	7:00pm-8:00pm
Swimmer 4	Monday	7:00pm-8:00pm
	Saturday	10:00am-11:00pm
Swimmer 5	Monday	7:00pm-8:00pm
	Saturday	11:00am-12:00pm
Swimmer 6	Tuesday	7:00pm-8:00pm
	Saturday	12:00pm-1:00pm
Swimmer 7	Tuesday	7:00pm-8:00pm
Swimmer 8	Thursday	6:00pm-7:00pm
Swimmer 9	Thursday	7:00pm-8:00pm
Bronze Star	Sunday	6:00pm-8:00pm
Lifesaving Sport	Sunday	5:00pm-6:00pm

Instructional Swim Fees:

	Resident	Non-Resident
Preschool & Tots	\$ 35.00	\$ 60.00
Beginner Swimmer1	\$ 50.00	\$ 75.00
Swimmer 1 to 6	\$ 50.00	\$ 75.00
Swimmer 7 to 9	\$ 60.00	\$ 85.00
Adult Swimmer	\$ 60.00	\$ 85.00
Bronze Star	\$ 60.00	\$ 85.00
Bronze Medallion	\$125.00	\$150.00
Bronze Cross	\$100.00	\$125.00
Fitness Swimmer	\$ 60.00	\$ 85.00
Lifesaving Sport	\$ 60.00	\$ 85.00
NLS	\$200.00	\$225.00

Classes will be cancelled on Halloween - Tuesday, October 31st. Makeup classes will be held on Tuesday, December 5th.

FALL INSTRUCTIONAL SWIM PROGRAM REGISTRATION

Online registration will go live beginning Tuesday, September 12th at 5:30 pm at: app.booking.ca/miramichirecreationpub for those wishing to pay by credit card.

At the same time walk in registration will be held from 5:30-7:30 pm at the Recreation Office for those who wish to pay by cash, check or debit card.