

Golden Hawk Pool – Fall Schedule September 23 to December 1, 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Recreational Swim 1:00pm to 4:00pm	Aqua Yoga 8:30am to 9:30am	Tots Swim 9:30am to 10:30am	Aqua Fitness 9:30am to 10:30am	Tots Swim 9:30am to 10:30am	Leisure Swim 9:30am to 10:30am	Instructional Classes 11:00am to 4:00pm
Pool Rentals 4:00pm to 6:00pm	Aqua Zumba 9:30am to 10:30am	Senior Swim 10:30am to 12:00pm	Senior Swim 10:30am to 12:00pm	Senior Swim 10:30am to 12:00pm	Senior Swim 10:30am to 12:00pm	Pool Rentals 4:00pm to 6:00pm
Instructional Classes 6:00pm to 8:00pm	Senior Swim 10:30am to 12:00pm	Lap Swim 12:00pm to 1:00pm	Lap Swim 12:00pm to 1:00pm	Lap Swim 12:00pm to 1:00pm	Lap Swim 12:00pm to 1:00pm	Recreational Swim 6:00pm to 8:00pm
	Lap Swim 12:00pm to 1:00pm	Recreational Swim 5:30pm to 7:30pm	Instructional Classes 5:30pm to 7:30pm	Instructional Classes 5:30pm to 7:30pm	Recreational & Teen Night Swim 6:00pm to 8:00pm	
	Instructional Classes 5:30pm to 7:30pm	Aqua Zumba 7:30pm to 8:30pm	Lap Swim 7:30pm to 8:30pm	Aqua Fitness 7:30pm to 8:30pm		
	Lap Swim 7:30pm to 9:00pm					Lap Swim 8:00pm to 9:00pm

Pool will be closing at 1:00 pm on Tuesday, October 31st for Halloween.

MVHS Pool – Fall Schedule September 23 to December 1, 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Recreational Swim 1:00pm to 3:00pm	Instructional Classes 6:00pm to 8:00pm	Instructional Classes 6:00pm to 8:00pm	Recreational Swim 6:00pm to 8:00pm	Instructional Classes 6:00pm to 8:00pm	Recreational Swim 6:00pm to 8:00pm	Instructional Classes 10:00am to 1:00pm
Pool Rentals 3:00pm to 5:00pm	Deep Water Exercises 8:00pm to 9:00pm	Lap Swim 8:00pm to 9:00pm	Deep Water Exercises 8:00pm to 9:00pm	Lap Swim 8:00pm to 9:00pm	Lap Swim 8:00pm to 9:00pm	Recreational Swim 1:00pm to 4:00pm
Instructional Classes 5:00pm to 8:00pm						Pool Rentals 4:00pm to 6:00pm

Pool will be closed on Tuesday, October 31st for Halloween. Instructional Swim makeup class will be held on Tuesday, December 5th